



S.K.H. St. Simon's Lui Ming Choi Secondary School
ENGLISH NEWSLETTER

(2020 – 2021)

Creative Writing



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My Lovely Pet

I have a cute pet, which is a little white rabbit named Dabao. It was a birthday gift I received from mum on my birthday.

Dabao has long ears and red eyes which look like two rubies. It has short front legs but long back legs, which allow it to jump very high. It also has four cute paws!

Dabao is not only cute but also caring. One day, my father and I were playing chess. My dad ate my artillery and soldiers in one fell swoop. It was unexpected that I lost the game. I bowed my head in frustration. Losing confidence, I dared not play chess with my dad again. At that time, Dabao suddenly jumped onto my lap. It looked at me and seemed to be telling me that "Master, don't be discouraged. As long as you persist, you will definitely win your father!"

The next day, I challenged my dad again. We started the game. Dad was very proud of himself and arrogant because of his victory in our last game. Finally, I won my father and became the best chess player in our family. I thought, if it had not been Dabao, I wouldn't have had the courage to challenge my father and become the best chess player.

Dabao is really lovable. I like it very much. It is one of my favourite good friends.



My Lovely Pet

My pet is a goldfish called Mary. It is a girl. It is fat. It is not picky about food because it doesn't care how food tastes like. It sometimes even eats its own shit. It always swims around in the fish tank. Sometimes its behaviors are weird.



I saw Mary at the wet market. I was bored at that time, so I brought a goldfish, and Mary was chosen. When I went home, I told my mum that I bought a fish. She said it was a goldfish, not the kind of fish we ate before. We could not eat it. Since then, Mary has become my pet.

I love Mary very much, but it always forgets to eat. Since it does not eat much, I can save some money and I can buy it better food.



Chiu Yan Yin, Ian (F. 1C)

A Letter to My Owner

Dear owner,

Hello, Jacky. Thanks for taking care of me every day. You are a very responsible owner. But to be honest, sometimes you don't treat me well.

I understand that sometimes you are very busy at work, but I am very lonely. If you walk me more often or come back home earlier every day, I will be happier. I also think I need some better food because you have fed me the same dog food for 3 years. My friend Brownie told me that her owner always bought chicken wings for her as snacks. I want to be like her too.



I promise to be good. Please treat me better. Thanks.

Love,
Johnny

Happy Family – A letter to Mum and Dad

Dear Mum and Dad,

Thank you for taking care of me for so many years! When I grow up, I will repay you. Mum, you have taken good care of me since I was born. I remember that when I studied in the kindergarten and primary school, you waited at the school gate every day after school to send me home. At present, I am a secondary student. You don't need to pick me up from school anymore. Sometimes I may do something wrong, but you do not get angry with me. You always say, 'This is the last time! Don't do it again!' and give me a chance to improve it. Thus, I tell myself in my heart that 'I cannot disappoint my mum.' Although I am sometimes stupid, you will never give up teaching and supporting me. When I face any difficulties, you will encourage me and give me some advice to solve my problems. I always learn lots of new things when you guide me to solve the problems. It also helps train my independence.

NOBODY ON EARTH CAN
EVER LOVE YOU MORE THAN
YOUR PARENTS.



Dad, I will never forget how you treat me. You are really strict. I once questioned why I had such a 'Dad'. I do not like you because you always shout at me and have high expectations on me! I cannot bear it! Yet, I eventually understand why you treated me so poorly after an incident. I remember that I wanted to give up doing something since it was too difficult for a young me. You said to me in a very firm tone, 'You should not give up easily before you succeed.' 'Definitely!' I said to myself. From that moment, I understand that you are always strict to me because you want me to be successful in the future. You are not good at expressing your emotions, but you encourage and praise me. I will put all the things in my heart, especially your warm smile.

Mum and Dad, I love you so much!

Love,
Joe

A Letter to the Principal

Dear Principal,

I have read your memo about changing the school uniform. I would like to tell you what I like and dislike about the current summer school uniform for boys. In the meantime, I would also like to offer you suggestions about the jacket and the PE uniform.

There are some things I like about the current summer school uniform for boys. First, I like our shoes which are black in color. I like them because I like black leather shoes as they are fashionable. Besides, they are comfortable to wear. Second, I like the color of our uniform. It is white in color. Although white is plain, it is simple.



However, there are also things I dislike about the current summer school uniform. I dislike our jacket which is too heavy. Second, I dislike the color of our PE uniform which has no patterns.

As a result, there are two changes I would like to suggest about the new school uniform. First, I suggest changing the wool summer jacket into a cotton jacket because cotton is lighter than wool. Second, I suggest changing the PE uniform including the pants to a striped pattern because a striped pattern is more special and fashionable.

I look forward to seeing and wearing a new school uniform which I am sure will be more popular among our schoolmates. Thank you very much.

Yours sincerely,

Lam Chun Kit

2A student

The Perfect Picnic Clothing

Still being confused about what to wear to the school picnic next week? Let me give you some advice and tips for the perfect picnic clothing that can stand out from the crowd.

Protect yourself

Wearing long-sleeved clothes can help you avoid sunburn and injuries. They cover and protect your arms if you trip over. They also protect you from allergies and mosquito bites. Bring a waterproof jacket which is easy to carry. It can prepare you for different weather conditions. It keeps you warm and dry when it turns cold or rains. Wear sweatpants which are convenient and comfortable as they can also protect you from sunburn and reduce the chance of injuries if you trip over. Don't wear a summer dress which is very short and will make you feel uncomfortable. It limits the kinds of activities you can join. For example, running, jumping, strenuous activity, etc.



Make room

Your bag should have room for your waterproof jacket, an umbrella, a mobile, wallet, towels, tableware, bug spray, picnic blanket, first aid supplies, sunscreen, sunglasses, a set of replacement clothes and a hat. I think you may need a backpack which is big enough for you to keep all those items. Try not to use a shoulder bag because it has very little capacity. Also, it will be hard for you to carry a lot of things in a small bag.

Wear suitable footwear

Wear comfortable shoes so that you can avoid sore feet after walking for a long time. You can pick lightweight trainers or hiking boots. Trainers are suitable for you to walk, run, jump or do sports. It can also protect your feet when you fall over. Don't wear high heels because it will be hard for you to walk on long grass and you may fall over very easily. Don't wear leather shoes



because you will be uncomfortable after walking for a long time.

Hopefully, my suggestions can help you choose your clothes wisely for the school picnic! If you can wear the clothes which suit your style, you can definitely stand out from the crowd.



Chen Yinqi (F. 2D)

A Terrible Day

Last Sunday, I got up and brushed my teeth. Then I opened the window and found that it was sunny outside. I thought the weather was very suitable for me to go shopping with friends.



Therefore, I called my best friend Anna to go shopping together. I picked up my phone and said happily, 'Hi Anna! Would you like to go shopping with me?' Anna replied, 'Ok, let's go together.'

After that, I had my breakfast and changed my clothes. Next, I went out and took a bus to the shopping mall. When I arrived at the shopping mall at 11 o'clock, I saw Anna waiting for me. We greeted each other and started our shopping trip. First, we went to MUJI to buy some stationery and food. Then, we went to the cinema to watch a movie. We bought the tickets and some popcorns and drinks. After a while, we entered the cinema. The film was really exciting. Next, we went to a boutique to buy some clothes. When we were ready to pay the bill, we checked the time on the phone and it was almost 3 o'clock.

When we left the shopping mall, there were stormy wind and heavy rain outside. However, we did not bring an umbrella. As a result, we returned to the shopping mall and waited for the rain to stop. However, the rain was getting



heavier and heavier. I checked the weather on my phone. 'Oh no! Typhoon signal No.8 has been hoisted!' I shouted. 'What should we do?' Anna said worriedly. I said, 'We can only wait here now.' We saw the trees fall and block the road. Also, we

watched the news on the phone and noticed that there were flooding cases in some places.

Finally, the typhoon left Hong Kong very fast. We looked at each other and relieved that the rain was getting smaller. Therefore, we bought an umbrella and took a taxi home. After arriving home, I took a bath quickly and went to bed because I was very tired.

After this incident, I have learnt a lesson. I should check the weather forecast before going out.

Why do We Love Movies about Superheroes?

We are used to watching superhero movies. Some well-known examples include Avengers series. Every time the Avengers series are released in cinemas, they must be full of audience for 1 to 2 weeks. Why do we love these movies?

We enjoy watching superhero movies because we can see some very cool moments and fighting scenes. Of course, if we saw them in real world, we would be even more excited.

Additionally, watching these types of movies is a great way to escape from everyday life. We can forget about our homework and relax our mind while watching movies. As a result, we will forget the pressure from our studies.

In conclusion, we can have a great time watching superhero movies but don't forget your homework because you will be punished if you do not finish your homework and submit it on time.



Soo Cheuk Kiu (F. 2D)

A letter to Mum and Dad

Dear Mum and Dad,

This is the first time I've written a letter to you, so I think I should say thank you first.

Mum, you give me life and give me a home. Sometimes I may make you angry, so I want to say sorry to you. When I encounter difficulties, you always

help me. When I feel sad, you comfort me. You have always been there for me. You are the greatest and the most important person in my life. Thank you and I love you.

Dad, as I grow up day by day, I understand your intentions better. I used to ignore all your nagging, but now I know that it is the most beautiful language in the world. In the past, I never understood why you let me climb when I fell. Now, I know that you want to train me to be stronger. I love you Daddy!

Mum and Dad, your love is as warm as the sun, and as gentle as the spring breeze. Thank you very much for your selfless efforts to take care of me. I promise to take care of you when you get old. I love you forever!

Love,

Zoey



Leung Sheung Ham, Tracy (F. 3A)

How to Protect the Environment at Home and at School?

Good morning Principal, vice-principal, teachers and fellow schoolmates. I am Chris Wong. I am the Chairperson of the Student Union. This week is the International Save The Earth Week. I'm sure you all agree that we should protect the environment. However, we keep destroying the environment in our daily lives. Today, I am going to talk about what will happen if the environment is not protected and how we can protect the environment at home and at school.

Factories emit a lot of carbon dioxide and many people consume a lot of electricity every day. This will cause air pollution and global temperature will continue to rise. A lot of garbage, such as plastic bags and plastic bottles, are thrown into the ocean. It will affect the marine lives. The rubbish contaminates

the sea and many marine animals die due to poor water quality and a lack of food.

First of all, we can easily save electricity at home to reduce carbon emission. In the morning, we can try not to turn on the light, but use natural sunlight instead. Since the sun is an excellent form of energy, filling the whole room with light can reduce the energy required to light the house.



Second, we can reduce and reuse water. We can use the water that has been used to rinse rice to water plants. Since rice water contains nutrients, which can provide food to plants. We can run washing machines only with a full load because it will save a lot of water. If we wash only few clothes each time, it will waste both water and electricity.

Third, we can save electricity at school. If the weather is not very hot, avoid turning on the conditioners, but use fans or open the windows. If you have to turn on the air conditioner, you can adjust the temperature of the air-conditioner to 25.5°C. We can also set up “Use a Fan Week” in summer to promote “green acts”.

Finally, we can recycle things at school. We can set up a recycling scheme at school for scrap paper, plastic bottles and aluminum cans. It can remind students to pay attention to environmental protection.

All in all, I hope that you can understand more about protecting the environment and take part in the activities we plan. Thank you.



An Awesome Day in Wild n More Theme Park

The newest theme park, *Wild n More Theme Park*, is a fun place to spend your day in. The opening hours are from 9:00 a.m. to 8:30 p.m. on Monday to Friday and from 9:00 a.m. to 10:30 p.m. on Saturday, Sunday and public holidays.

The new theme park is located Hong Kong. You can go to their website at www.wildnmorethemepark.com to learn more about it and to buy admission tickets online. The tickets are divided into three groups. Adult tickets cost \$290; Children and elderly tickets cost \$110; and student tickets cost \$140.

During our visit, my friends and I had a lot of fun. There were a lot of exciting activities. We went to the make-up booths and a clown helped me do my make-up. The clown drew a huge star on my eye. When it was done, it made me look very silly yet funny. My friends made fun of me. There were a lot of mini game booths as well. I spent 50 dollars on one of the basketball booths and I won a massive teddy bear.

We then went to the area for rides. There were a lot of thrilling rides, such as roller coaster, pirate ship and bungee jump. We rode on all the rides there. We had a lot of fun. Then, we went to meet the animals in the aquarium. There were dolphins, penguins, sea tigers and sharks. We took a lot of photos. After that, we took the cable car and went back to the entrance of the park. We bought a lot of souvenirs in one of the gift shops.



I think the experience in the theme park was super fun and memorable. The rides were fantastic, and they attracted a lot of people. The most important thing is to follow the park rules and stay safe all the time. I look forward to visiting the park again and having more fun there.

Fun Ways to Learn English

Good morning everyone,

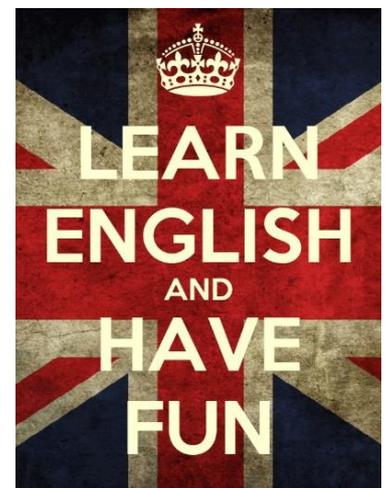
I'm Chris Wong. I'm the chairperson of the English Club. Today, I'm going to talk about the fun ways to improve English.



First, I'm going to talk about reasons for learning English. English plays an important role in our lives. We learn English to enhance our future job prospect. It is an international language which enables us to communicate with people all over the world. It is a tool for communication. We learn it to understand other cultures around the world.

Second, I'm going to talk about ways to improve reading. Reading plays an important role in learning English. We can enhance our English proficiency by reading more books, newspapers and magazines. We can learn more vocabulary and grammar items by reading widely. We can broaden our horizons by reading extensively.

Next, I'm going to talk about exchange programmes. Joining exchange programmes in English-speaking countries allow us the opportunities to use English in an English-speaking environment. For instance, we can go to Britain, Australia and the U.S.A. We can enhance our English proficiency by listening and talking to English native speakers. We can acquire more vocabulary and grammar items by talking to them. We can also broaden our horizons by learning different cultures in foreign countries.



Finally, watching English TV news and movies can also help you learn English. Since watching news and movies is a form of entertainment, while doing so, you can not only relax yourselves, but also do some learning.

To sum up, I hope that you can try out the above fun ways to improve your English.

That's the end of my speech. Thank you.



Fong Yu Ho (F. 3D)

A Speech on Environmental Protection

Good morning Principal, vice-principal, teachers and fellow schoolmates,

I am Chris Wong, the chairperson of the Environmental Protection Club. Pollution problems in Hong Kong are very serious, so today I am going to talk about the causes and effects of two pollution problems in Hong Kong.

First, I would like to talk about the causes and effects of light pollution. In Hong Kong, we can see neon signs and big LED signs everywhere. They are beautiful of course, but big light signs cause light pollution. Light pollution is a thief who has stolen the night. The excess light we dump into our environment is harming nocturnal animals, whose life cycles depend on the dark.



Second, I would like to talk about land pollution. We produce a lot of garbage, which makes landfills run out of space, especially when the garbage is plastics. Yet building landfills is not a good idea as more and more landfills mean less and less space for us and other animals to live in.

Last, I would like to talk about what we and the government can do. We all know 4Rs — reuse, reduce, recycle and replace — which the government can promote more. Yet recycling in Hong Kong does not work well because no one buys the recyclables. This is the problem that the government should solve. All we can do is the other Rs.

All in all, I hope that you can think of some new ways and do your best to save Hong Kong. Thank you.



Ngai Man Fung (F. 4A)

A Letter of Advice

Dear Frustrated Teen,

I feel bad to hear you suffer from receiving ‘strange’ unknown messages sent by a stranger. Therefore, I hope to give you some advice to deal with this problem.

First, you shouldn’t put too much of your personal information on the Internet, even if strangers request you to do so. Moreover, you can read the messages they sent to check what they are about.

Second, after you read the messages, you should determine if the messages are related to your work or purely advertisements. If you notice it is related to your work or personal matter, you can reply it. If it is an advertisement, you can ignore or block the sender.

Lastly, if you feel uncomfortable after reading the messages, you should block and report the stranger who sent the messages. Also, you can seek help from your parents. I recommend you not to post any photos or information related to your real life. Besides, you can make your account private to prevent strangers from sending annoying messages to you.



I hope my advice is useful. If you have other problems, you can contact me anytime.

Aunt Alice

A Letter of Advice

Dear Frustrated Teen,

I've read your letter and I am here to give you some advice about how you can deal with it.



First, I would like to talk about privacy. I would recommend that you use some photo-sharing sites such as Instagram and Snapchat wisely. They have settings which protect your privacy as you can choose to allow or not to allow

people to access your photos and personal information.

Next, I would like to talk about how to deal with people you meet on the Internet. There are different types of people on the Internet and some of them aren't trustworthy. If you encountered annoying strangers or trolls, I would recommend you either ignore them or block them instead of reading their annoying messages.

Last, I would like to talk about your Internet usage. You are advised to spend less time online. Do something without the Internet. For example, going to the gym, reading some books, hanging out with friends, helping your parents prepare meals, etc. You can do a lot of things without the Internet to make yourself feel less insecure.

This is my advice for you. I hope it really helps you feel safer and happier.

Yours,
Aunt Alice

Article on Cyberbullying

Cyberbullying

Cyberbullying has become a serious problem in our community. In the past, students might bully classmates through violence or verbal abuse. Nowadays, bullying always happens on the Internet.



There are different reasons to account for the rise of cyberbullying now. One of the reasons is that the Internet is one of the most important elements right now, and it becomes a place in which more bullying happens. People can post pictures or comments in an anonymous manner that makes people dare to do something which hurts others. Netizens think they won't be caught for responsibility. Besides social media platforms such as Instagram and Snapchat have become so popular among youngsters that cyberbullying is more accessible. Doxxing, harassing, verbal attack and impersonation are some common forms of cyberbullying.

As cyberbullying is common, teenagers should know what to do if they are the victim. If you are cyberbullied, you should check who has done it and tell your teachers or parents as soon as possible. If the bullies do not stop, you may report the case to the police. They can help you find out who has done it. I think the government should set up laws to penalize the cyberbullies. It actually affects people mentally or even physically.

What could the school do to prevent cyberbullying? First, the school can educate students to protect themselves. Examples of protecting themselves are reporting or blocking strangers and protecting their passwords. Second, if the school can invite celebrities to give a talk about cyberbullying at school, it can raise students' awareness of cyberbullying.



I hope this article will raise your awareness about cyberbullying.



Lam Tsz Yu (F. 4D)

A Travel Blog Post

Hibiscus city

Last winter vacations, I traveled to Cheng Du with my friends. Cheng Du is a national historical and cultural city. The main purpose of our trip was to see the pandas and snow scenes in Cheng Du.



On the first day we arrived at Cheng Du, we went to the Giant Panda Research Base since the national treasure was attractive to us. Who can resist the charm of cute pandas in this world? Anyway, I can't. When we saw the lovely pandas, we felt that all the hardships on the journey were worth it.

The next night, we visited the famous Jin Li Street. It is Cheng Du's most famous night street. Its uniqueness is that it is full of unique Chinese flavors. When I strolled along the street, it was like going back to the ancient time. I saw some people wearing HanFu and taking pictures.

Fortunately, we happened to meet the Kong Ming Lantern Festival that day. Tourists were holding their own Kong Ming Lanterns. In the dark night, many stars were shining. They were so beautiful! Coupled with the gentle baptism of fine snow, it seemed that the flowers on that day were particularly bright.



I love the city. I feel like this city's flowers and lighting welcome us.



Zeng Shi Ying, Jane (F. 4D)

A Letter to My Friend about My New Life

Dear Dave,

How have you been recently? I hope everything is going well with you! For me, I have just settled down, so I have time to write to you.

As for the environment here, there are a lot of rivers and some forests. My favourite is the river which is near my home. Some people sell goods along it and we could go boating here. The water is very clear. I can see



lovely fish in the river and even play with them by feeding. But the cars on the street are many, so traffic jam often happens.

I still haven't got used to the school life here. The school is too huge for me. I am usually late because I get lost in the school. My studies are fine because



some enthusiastic classmates help me adapt to this new environment. The teachers are nice and patient, too. But I still miss our grumpy teachers. How have they been recently?

I have a strange neighbor here. He always wears a black cap and holds a pot of flowers. Whenever I see him, it must be midnight. Last time when I threw garbage, I saw him standing near the trash car. I didn't know what he was doing there. I'm a bit worried about whether he is a killer or perverted murderer.

Apart from the above, I want to tell you about the food here. People always eat noodles and bread for their lunch or dinner since the school canteen just provides the same food. I don't like noodles, so I just eat bread. I have to bring my own food so as to make sure it can fill my belly. It is hard to live here!

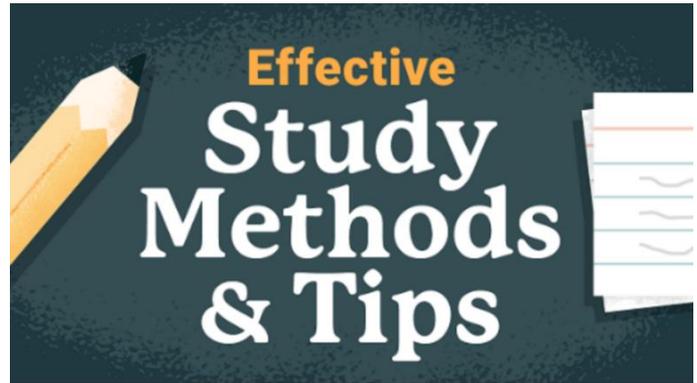
I really miss you and all things in Hong Kong. I really hope to meet you and talk to you face-to-face. Easter holidays are coming soon. What is your plan? Is it possible that you could travel to meet me here? Oops, mum is calling now. I need to stop here. Drop me a line if you have time!

Cheers,

Chris Wong

Useful Study Tips

Do you always feel under pressure when you study? Have you ever found it hard to concentrate when you are studying? Nowadays, more and more students finish their work at the last minute. They are ‘deadline fighters’. However, they



often worry about their academic results. Therefore, some useful study tips will be shared with all of you in this article.

In order to study effectively and efficiently, it is better for us to study in a quiet environment. We need a quiet environment to study well. Otherwise, we



can't focus on our work. Also, we need enough lighting when studying, so that we will not fall asleep easily. If you want to have better concentration, you can go to libraries or study rooms to do your revision. Moreover, you can study with your friends as you can ask them the things you don't know. In addition, you should never bring your phone with you when studying because it will distract you.

Apart from having a good study environment, it is also important for us to have good time management. You can plan your schedule in your notebook. It is because you need to revise different subjects. Planning a schedule can help you manage your time efficiently and make good use of your time. Moreover, you need to take breaks when you are studying. If you do not take breaks, it will affect your concentration. You may need to spend longer time on your studying, but you cannot meet your target. Thus, taking regular short breaks can help you concentrate better. Otherwise, you will feel stressed when you are studying.

Moreover, due to the huge electric bill the school had last year, janitors will switch off the lights in the gym or sports hall when no one is using them. Also, instead of turning on the air-conditioners, fans will be turned on and windows will be opened when the weather is getting cooler. Lastly, we will not set the air conditioners below 25 degree Celsius in the gym or sports hall. We hope that these measures can help to save electricity this year and cut down on the wastage of electricity.



pixtastock.com - 49862808

Last but not least, many sporting results were mostly printed and posted on noticeboards before. This method has wasted a lot of paper. In view of this, all sporting results will be sent to students and parents by email only. Also, there will be no paper copies on noticeboards as the sporting results will be regularly updated on school website later. This can reduce the use of paper.

All in all, I hope students can understand why the school will make such changes. Also, I hope all the students can work together and make the school a better place to study and become a more environmentally friendly place.

Yours sincerely,
Chris Wong
Member of the Student Council



A Proposal on Setting Up a Photo-sharing Space

To: Ms. Chan, Head of Information Technology

From: Chris Wong, President of the Computer Club

Proposal: Setting up a photo-sharing space on the school intranet

Introduction

Recently, the Computer Club has received many requests from students, requesting the setting up of a



Share Your
PHOTOS

photo-sharing space on the school intranet. To better evaluate if the requests represent the views of most students, a survey was conducted. Among 500 respondents, 80% of the students and 75% of the school staff expressed their keen wish to have a photo-sharing space on the intranet. Therefore, I propose the setting up of a photo-sharing space our intranet.

Benefits to students and staff

(i) Safety

Due to technological advancement, using the Internet for work and study is a current trend. There are many photo-sharing sites on the Internet such as Instagram, FOTER and Facebook. The presence of these sites makes it easier for people to share images and send pictures. But as sharing has become more convenient, when we upload pictures onto the Internet, we are likely to give away our personal information. For example, school-related photos uploaded onto public sites are not safe as they may be misused by other Internet users. Therefore, it is necessary to set up a photo-sharing space on our school intranet in order to ensure that the photos with school information can be accessed only by students and staff of the school.

(ii) Convenience

In addition, this space can not only be used for sharing photos, but also be used as an electronic database to save all the good memories of school events. For example, the school holds English Fun Days, Open Day, Graduation Ceremony and other large-scale activities every year, which are all unforgettable experiences for students. Taking pictures of these beautiful moments and putting them on the school website can turn them into eternity. When students want to see those photos, they only need to log on to the school intranet. It is very convenient. This is a great resource for school publications like English Newsletter and School Newsletter to share and keep the happy moments of our precious school lives.

(iii) Cost-effectiveness

When the photos are stored in the school's photo-sharing space, they do not need to be printed or posted on the bulletin boards. This achieves the goal of environmental protection and cost saving. These photos are stored forever electronically, without the fear of losing them. Furthermore, without any extra money, students and staff can download the images they want.

Conclusion

To sum up, there are lots of advantages of setting up a photo-sharing space on the school intranet. Not only can we access school-related photos easily, but we can also use them for different purposes at no cost. Leaflets and school publications can be made by using the school-related photos conveniently.

I hope you will consider allowing a photo-sharing space to be created on our school intranet. Thank you.



Addiction to media technology

Dear Editor,

Your article on teenagers' use of media technology yesterday showed that teens in Hong Kong spend far too much time on media technology than anything else in their lives. I strongly agree with you. As this problem is serious, I want to share more information and opinion about the issue.

To begin with, I would like to talk about why teens are drawn to the use of media technology. As far as we know, teens are born in the age of technology, so they are known as 'digital natives'. They think that media technology is a part of their lives. Moreover, using media technology is a good form of entertainment for teens. Nowadays, teenagers are under a lot of pressure from school and family. As they want to relax themselves, they can choose to play online games, check social media or listen to music. By doing so, they can make new friends and share their lives.



However, I think teens tend to overuse media technology. Just as what you mentioned in your article, I find that more and more teens are addicted to media technology. They use media technology so much that they even lose control of themselves. The problem is that teens cannot lead a normal life. After using it, they feel tired and don't want to communicate with their family and friends. Also, some of the teens may waste their study time on media. What's more, it is harmful to their physical and mental health since they just stay at home and don't do any exercise.

To avoid this, I think parents should be aware of this issue. The most important is to set a tech-free time, which can help teens control their time spent on media. Furthermore, parents should communicate with teens and listen to them so that they know the sources of their pressure and the problems they are facing.

All in all, I hope that all teens can use media technology in constructive ways.

Yours faithfully,
Chris Wong

A Letter of Advice

Dear J.C.,

No one can be free from headaches and troubles. J.C., you are not alone. Lately, I have received your letter which responded to my advice column in a Teen magazine. I have examined its content and I truly understand your current circumstance. In this letter, I would like to give you some recommendations regarding how you can deal with the problems that you are facing now.



To commence with, you said that you love animals so much that you wish to become a vet in the future. You are now only 16 years old, but you have started thinking about your future. Young people in general do not bother making any future plans. I appreciate that you have started your life planning.

Being a vet is not as easy as you may think. You need to be a meticulous person. You have to work patiently and carefully when you perform an operation. Also, you must be a responsible person, as you are in charge of every detail, involving the health of the pets or the environment that they live in. If you really want to become a vet, I recommend that you check if you can match the above requirements. The most essential thing is that you have to make sure you are not afraid of bloody stuff, like broken skin or exposure of bones, since you may have to conduct surgeries on animals.

Moreover, when it comes to your parents, you should try to persuade them to support you, or to clarify every misunderstanding they may have. For instance, they might think this job is quite disgusting as you have to experience a lot of surgical phenomena, like blood and exposure to diseases. Apart from all these, your parents might be worried about the pressure that the job might bring to you. A vet has long working hours and need to bear countless

responsibilities. Customers might blame you if you fail to get his or her pet recovered. Thus, you should tell your parents the positive sides of being a vet. To implement it, you can separate it into two primary aspects. The first is the positive influences that it brings to people when doing this job. For instance, you can cure lots of pets, get rid of their illnesses and save their lives in emergency incidents. It is a very professional job and the salary is ideal. Second is your personal interest. Since you love animals so much, you have chosen Biology and Chemistry as your electives in senior forms. As a result, you think you are a very suitable person to work as a vet. I think your parents are reasonable people. They will listen to you and you don't have to be frustrated. However, if they still keep the same attitude, then just ignore them since you should make decisions for your own career

Finally, being a vet is not easy. Therefore, you should make sure that you are a responsible and careful person; otherwise, it is difficult to earn the trust of your parents. The most important thing is that you cannot help the pets if you are not patient. Also, being a vet requires one to have professional knowledge. You have to make sure you can handle them. In case of arguments between you and your parents, make sure you try your best to persuade them with the grounds that I have mentioned above. If they still don't accept your choice, I advise that you ignore them because it is all your own business. But I strongly recommend you to persuade them first.

I hope you find my suggestions useful. If you have any further enquiries, please feel free to contact me again.

Yours sincerely,
Chris Wong



The Purpose of Homework

What do you think about homework? Useful? Or useless? A recent article in the International Post suggested that students should not be given homework. I am writing to express my view that giving homework to students is indeed not as useful as our teachers think.



First of all, a major reason for teachers to assign homework to students is to make sure they have enough exercises so that students memorize the knowledge they just learnt that day. It is also a training of self-discipline to students since they are required to submit it on specific dates.

Moreover, homework provides another mode of learning after school. Students can be revising through doing homework. Except for students to revise on their own, homework is another way for them to familiarize themselves with the knowledge too.

Whether or not homework should be given to students

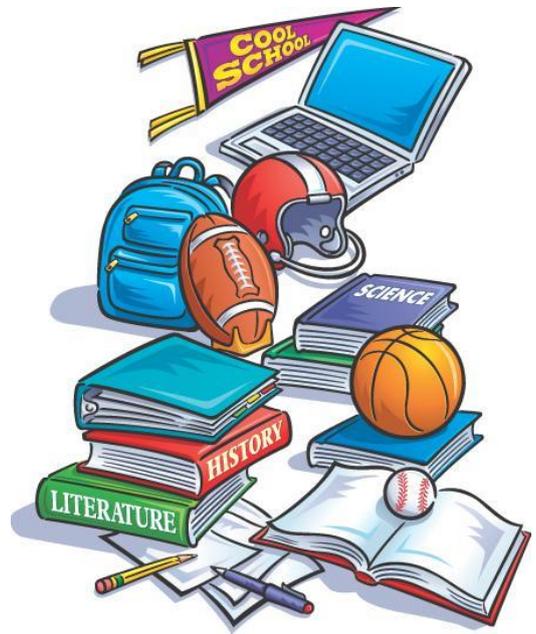
From my point of view, homework should not be given to students. I am going to explain it in the following.

I believe catching up with all the subjects has already been a huge challenge to most students. They are busy learning at least six subjects for the public examinations. Some elite students may also be club chairpersons, committee members or house captains. That means apart from studying, they also need to cope with different kinds of school events. It will be extremely busy and stressful for a teenager to handle so many things at the same time. Without homework, it will be much easier for them to study and work with their schoolmates.

What is more, not all students are suitable for learning through homework. Some of them may learn faster by making their own notes but not doing tons of homework. If students can choose their own learning style, I believe they will enjoy their studies more and learn more effectively.

Besides academic and extra-curricular activities at school, youngsters need entertainment to make sure their interests or hobbies are well developed. Homework could be a huge pressure to students. But if it is cancelled, they will have more time to relax themselves through having entertainment.

It will be more flexible for students to handle the public examinations if they are not urged to submit their homework.



Alternatives to homework

But it is undeniable that homework could help us familiarize with the knowledge we have learnt. Teachers also need to know whether their students understand the key concepts they impart.

Homework could be changed to exercises. Students can decide when to hand in or not handing in since they will be more willing to finish them if they are not forced to submit it on specific dates.

Replacing homework with quizzes or tests can also be a choice as they are also the effective assessment tools to keep up with students' learning progress.

To sum up, I personally think homework should not be given to students.

A Proposal on the Production of a Video about Extreme Sports

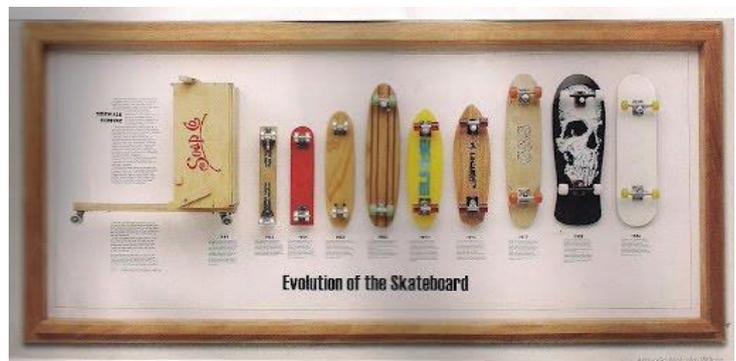
Dear Mr. Lee,

Since you asked me to produce a 15-minute video about extreme sports, I've come up with some ideas. I am writing to introduce what I am going to mention in the video.

Skateboarding is a famous extreme sport around the globe. Skaters play tricks and scroll around between streets and alleys with their skateboard. You might see skateboard players appear in some pop song music videos. That is because skateboarding plays an important role in pop culture.

Skateboard players usually customize their own skateboard. They buy tools and make unique skateboard with sandpaper, a wood board, 4 wheels and bearings. Some of them paint the board by themselves to make it look more stylish.

I am going to introduce the history of this extreme sport in the video. This sport originated in America. There was a group of people who love surfing, but the weather was not nice or even not



suitable for surfing all the time. Then, they invented a skateboard with a wood plate car which was used to transport apples. Eventually, this sport became more popular and it was developed into the skateboard we see now.

The reason why I choose skateboarding is that it is popular among youngsters. Many of our schoolmates are into pop culture. I believe it will be attractive to them if I use skateboarding as the main feature in the video.



The main feature of extreme sports is that extreme sports are so easy for players to get hurt. That is the reason why they are called ‘extreme sports’. For instance, skateboard players play tricks like jumping from stairs or down the slope. You’ll fall out of the board if you can’t balance well. The injury will be more serious if you are riding at a high speed or jumping from higher place. You might fall too hard and get yourself into the hospital.

For beginners who would like to try any kind of extreme sports, no matter BMX biking or skateboarding, you had better get yourself a helmet, a pair of gloves and also a pair of knee-pad to protect yourself from injuries.

In conclusion, in the video, I will introduce what skateboarding is, its history, the differences between extreme sports and elite sports, and some tips for beginners who would like to try out extreme sports for the first time.

I look forward to your advice or views on my ideas. Thank you.

Chris Wong



Li Ching Fai (F. 6D)

Midnight Races on City Streets

Dear Sir/ Madam,

In these days, some people claim that the rate of having a car accident is relatively lower than the past. However, this is not the case. Recently, many passengers, including me, have witnessed that many minibus drivers often exceed the speed limit. Why shouldn’t we show tolerance to this phenomenon? The reasons are as follows.



In retrospect, I was once returning home by minibus at 2 a.m. It was supposed to be a safe and uneventful journey. The driver obviously ran over the speed limit. Initially I thought it wasn’t a

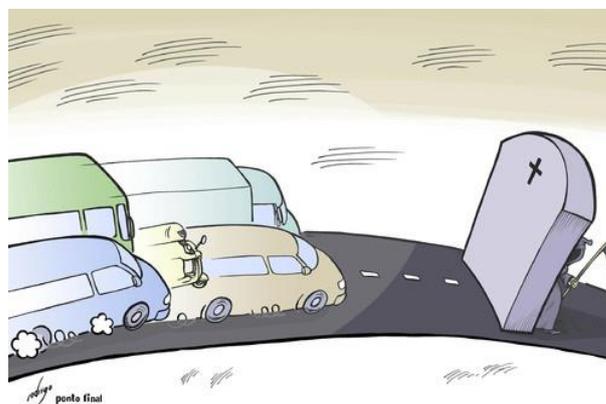
serious problem. But after 2 minutes, the car crashed into something. I sprung up to see what it was. Luckily, it was just a stray dog. Anyway, this experience is still vivid to me. What if that thing was a car or a man? I believe the consequence would be more severe.

Besides, such situation is the main culprit of some accidents. For example, on 24th December 2019, there was a minibus flipping in Bao Tai Road, Tuen Mun at midnight. Half of the passengers were killed, and the rest of them were severely wounded. This fatal car accident was caused by speeding.

As we can see from the above-mentioned examples, running over speed can trigger some terrible tragedies. Not only can it pose a threat to the passengers' safety, but it also jeopardizes other road users. That is why by no means should we show tolerance to it. If you would like to avoid these accidents, you may take the following suggestions as references.

First and foremost, government can increase the penalties to deter speeding drivers. Usually, the drivers tend to ignore the laws when the penalty isn't heavy enough. In most cases, they are just warned or fined. In view of this, the government should substantially increase the fine. In some serious cases, such as violating the law for more than once, they can be put behind the bars with their license cancelled.

Second, the government can set up a platform to provide an opportunity for the passengers to report these cases. In fact, there are countless similar cases but have not been reported. People are not aware of the proper ways to report these problems. That is why the situation of midnight races is rampant. But after setting up the platform, these crazy drivers can easily be found out.



All in all, there should be zero tolerance to speeding. All of us should get rid of the problem together for the sake of our own safety and that of the whole community.

Yours faithfully,
Chris Wong



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Published in November 2020